



Samikshya Kafle, BDS

Dental Hygienist | BDS-Trained Clinician | Periodontal & Preventive Care

Dental hygienist with advanced clinical depth from full dental training and prior general dentistry practice. Brings confident periodontal assessment, radiographic interpretation, preventive care delivery, and patient education with treatment-plan context, while staying fully positioned for hygiene-focused care in a U.S. dental office.

Lake Mary, FL

(412) 266-6084

samprakash2078@gmail.com

samikshyakafle.com

CLINICAL FOCUS

Periodontal charting

Scaling & root planing

Preventive care

Radiography

Oral pathology screening

Patient education

Infection control

Clinical documentation

Periodontal care

Charting, debridement, SRP support, prevention, and maintenance.

Clinical depth

BDS training supports stronger screening and patient communication.

Practice systems

Dentrix, Open Dental, digital radiography, and clinical notes.

CLINICAL EXPERIENCE

Dental Assistant Extern

Feb 2026 - Apr 2026

Advanced Dental Solutions, Pittsburgh, PA

- Completed 60-hour supervised externship in an active U.S. dental practice, strengthening chairside flow, documentation, patient seating, and infection-control routines.
- Supported restorative, preventive, and surgical visits through four-handed dentistry, tray setup, intraoral imaging, impressions, and model preparation.
- Captured bitewing and periapical radiographs; maintained HIPAA-aware patient records, intake notes, scheduling support, and clinical charting.

Dental Surgeon / General Dentistry Practice

Dec 2021 - Mar 2024

Health and Development Society Nepal, Kathmandu, Nepal

- Provided periodontal and preventive care including prophylaxis, supragingival and subgingival debridement, scaling and root planing, coronal polishing, fluoride, and sealants.
- Performed periodontal assessment, probing-depth review, full charting, oral pathology screening, radiographic exposure/interpretation, and patient-specific preventive education.
- Practiced in a public health setting with broad patient needs, reinforcing calm chairside communication, treatment-plan literacy, case documentation, and sterilization discipline.

Dental Intern

Dec 2020 - Dec 2021

Rangpur Dental College, Bangladesh

- Completed one-year rotating clinical internship across periodontics, oral medicine, oral surgery, endodontics, prosthodontics, pedodontics, orthodontics, and emergency care.
- Built hands-on foundation in professional cleaning, periodontal charting, full-mouth radiographs, bitewings, OPG interpretation, pain management, and clinical documentation.

CREDENTIALS

Dental Hygiene License

DH35572

Dental Assisting Course

Completed accelerated training program

Local Anesthesia

UF CE training completed; certificate pending

BDS

Bachelor of Dental Surgery

Work Authorization

U.S. Permanent Resident

SYSTEMS

Dentrix proficient

Open Dental proficient

Digital radiography

Intraoral imaging

LANGUAGES

Nepali

Native

English

Professional working proficiency

Bengali / Hindi

Conversational

EDUCATION & TRAINING

Bachelor of Dental Surgery Dec 2016 - Feb 2020

Rangpur Dental University, Bangladesh | GPA 3.75

Dental Assistant: Accelerated Training Program Dec 2025 - Mar 2026

Cornerstone Dental Assisting Academy, Washington, PA

U.S. Credentialing & Relocation Apr 2024 - Nov 2025

Completed dental hygiene credentialing pathway after relocating to the United States.

SELECTED CAPABILITIES

Periodontal

Charting, case typing, SRP support, maintenance.

Radiography

Bitewings, periapicals, FMX, OPG interpretation.

Prevention

Prophy, debridement, fluoride, sealants, polish.

Screening

Intraoral/exam support, pathology recognition, referral cues.

Patient Care

Education, comfort, chairside communication, recall readiness.

Systems

Dentrix, Open Dental, digital radiography, HIPAA-aware notes.

PRACTICE VALUE

Deeper findings, clearer handoffs

Connects periodontal, radiographic, restorative, and oral pathology observations into practical patient communication and doctor handoffs.

Calm, prepared hygiene chair

Comfortable with preventive visits, charting, infection control, patient education, and smooth transitions across operator workflow.